



ALLELUIA DANCE THEATER

One Day Dance and Prayer Workshop

March 28, 2026

9:00am – 4:00pm

MAKE ME AN INSTRUMENT OF YOUR PEACE

Prayer of St. Francis

God, make me an instrument of your peace:

where there is hatred, let me sow your love;

where there is injury, pardon;

where there is doubt, faith;

where there is despair, hope;

where there is darkness light;

where there is sadness, joy.

O divine Master, grant that I may not so much seek

to be consoled as to console,

to be understood as to understand,

to be loved as to love.

For it is in giving that we receive,

it is in pardoning that we are pardoned,

and it is in dying that we are born to eternal life.

Our world is suffering – and we are suffering in it. Conflict throughout the world has divided nations, our nation, our families, and often our closest relationships. Yet through all these experiences God's design is to give us strength to create a world of love, hope and peace.

Using the words of St. Francis, in music and movement, guided meditation, shared silence and group sharing we will create a path to increase our hope and solidarity within ourselves, for each other and for the world.

The Alleluia Dance Theater was incorporated as a non-profit organization in 1978. Its mission has been to inspire and encourage people in their spiritual journeys through movement.

Company Members: Stella Matsuda, Director, M.A., CLU, B.S. Dance, UCLA, Professor Emeritus, Moorpark College; Robin Privat, BA, Pepperdine, MBA, CLU; Marti Ryan, B.A. Kinesiology (Dance) CSUN, MS in Guidance/Counseling, CLU, Certified Yoga Instructor, and Barbara Wegher-Thompson, MA, Dance, UCLA.

Alleluia Dance Theater Workshop: MAKE ME AN INSTRUMENT OF YOUR PEACE

Saturday, March 28, 2026; 9:00am - 4:00pm

(\$55 without meal; \$65 with lunch)

To Register: Using the form below, please send a non-refundable deposit of \$10 by

February 15, 2026 to HSRC 4316 Lanai Rd. Encino, CA 91436

Or call 818/ 285-3354 or 818/784-4515-

For more information/questions: email mvryan49@gmail.com



In Affiliation with Sacred Dance Guild

Alleluia Dance Theater Workshop, "MAKE ME AN INSTRUMENT OF YOUR PEACE",
March 28, 2026

Name _____

Address _____

City _____ State _____ Zip _____

Email _____ Phone (____) _____

Saturday Only: _____ Lunch? Yes _____, No _____

Payment Enclosed \$ _____