



Holy Spirit Retreat Center  
4316 Lanai Rd. Encino, CA 91436  
818/784-4515, Fax: 818/784-0409, [www.hsrcenter.com](http://www.hsrcenter.com)  
presents

ALLELUIA DANCE THEATER  
One-day Dance and Prayer Workshop  
**Saturday, October 15, 2022**

Theme: ***TRUST in the Lord. Have faith. Do not despair.***  
***TRUST in the Lord with all your heart***  
*(Psalm 27:14; Proverbs 3:5)*

In these days of so much uncertainty: pandemics, wars, natural disasters, strife between nations and amongst people – how can we retain our peace? Corrie Ten Boom says, “*Never be afraid to trust an unknown future to a known God.*” God wants to develop and cultivate our trust in Him. We just have to trust Him in ways we never imagined we could, or would, especially when we don’t know all the answers; to find a way to live a life in peace and contentment.

We come from different denominations and faith as well as from various movement experiences. Together we will explore this theme through prayer, meditation, discussion, sharing, movement and music (**with drumming included**). It is ADT’s mission to inspire and encourage people in their spiritual journeys through movement.

Leaders are: Co-Founders Stella Matsuda, Director, M.A., CLU, B.S. Dance, UCLA, Professor Emeritus, Moorpark College, and Marti Ryan, B.A. Kinesiology (Dance) CSUN, MS in Guidance/Counseling, CLU, Certified Yoga Instructor, Emmalyn Moreno, M.A. Ethnomusicology/ Dance, SDSC, B.A., CSUSM. Evelyn Okamoto, M.A., UCLA Dance

As of May 2022, Holy Spirit Retreat Center (HSRC) no longer requires wearing of masks, however, they still strongly urge mask wearing while indoors in large groups. You will be required to present your CDC Card showing full vaccination against COVID-19, or a negative test taken within 72 hours of our event. These documents shall be presented at the front desk upon arrival at the center. Please visit <https://www.hsrcenter.com/Home/Covid19> for the latest HSRC COVID-19 POLICIES, as conditions may change between now and the date of the event.

Fee: \$45 without lunch; \$55 with lunch.

To Register: please send a non-refundable deposit of \$10, by October 10, 2022 with the form below to:

HSRC 4316 Lanai Rd. Encino, CA 91436

Or call 818/ 285-3354 or 818/784-4515, [www.hscenter.com](http://www.hscenter.com)  
For more information/questions: email [info@rejoiceadt.org](mailto:info@rejoiceadt.org)

Alleluia Dance Theater Workshop: “**TRUST**” One day workshop,  
Saturday, October 15, 2022; 9:00 a.m.-3:00 p.m.



In Affiliation with Sacred Dance Guild

Alleluia Dance Theater Workshop, “Trust”  
Sat. October 15, 2022, 9:00 a.m.-3:00 p.m.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Payment Enclosed \$ \_\_\_\_\_ Lunch? Yes \_\_\_\_\_ No \_\_\_\_\_